

2003-12-03

Ms. Judy M

Dear Judy,

This letter is to express my deep gratitude for the many ways that you have helped me over the years we have known each other. We have functioned in many roles in reference to each other, among them as friends, colleagues, and dreamseekers, co-explorers of meaning and consciousness. In addition, you have helped me as administrative assistant, technical advisor and consultant regarding office systems and marketing, and in more recent years, as a personal coach.

Thank you for your skills in analysis. As a professional in project management, you can match the scope of overview with the precision of operational systems detail to provide a comprehensive understanding of what is involved in effecting transitions and transformations. Thank you for your thoughtfulness and caring, considering my needs, my value structure, and the actions required to develop and fulfill it. Thank you for your intuition and emotional intelligence, modeling going with the flow of one's own nature and pace while balancing social and career demands and opportunities.

And thank you for your ability to listen and be a reflecting pond and a sounding board. For example, when I had the opportunity to go to Sri Lanka with Light Up The World Foundation, you helped me weigh the costs and benefits to make a wise decision to avoid disappointment and frustration with that particular project. Thank you also for your patient persistence, modeling the creation and development of a personal mission statement, and coaching me through the process.

To summarize, I am deeply thankful for your personal strengths and their application in your role as friend, colleague, and co-coach in personal and spiritual growth for more than a decade. I look forward to us discovering even more as we develop our personal consciousness in future life.

Sincerely,

Frank.