

## MENTORING IN HYPNOTHERAPY

Frank Young Ph.D. R.Psych. is a hypnotherapist and clinical supervisor in private practice in Calgary, Alberta. He will be available for consultation and skill training in an ongoing series of regular training and mentoring by special arrangement with regulated professionals using hypnosis in their practice.

Preferred topics include Ericksonian patterns of possibility, the Mind of the Therapist, humor in therapy, metaphors and imagery in healing and growth, building self-esteem, dream incubation and symbol development, Flow states, and Mindfulness. Consultations on cases involving anxiety, managing affect, stress management, insomnia and nightmares, psychophysiological disorders, and other topics of interest to hypnotherapists.